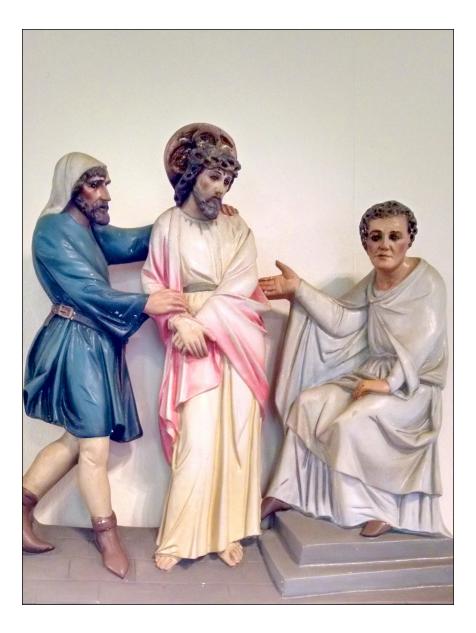
The Stations of the Cross

Introduction

R: *Jn* 10:14-18 - "I am the good Shepherd, and I know my own, and my own know me, just as the Father knows me, and I know the Father. And I lay down my life for my sheep. And I have other sheep that are not of this fold, and I must lead them. They shall hear my voice, and there shall be one sheepfold and one shepherd. For this reason, the Father loves me: because I lay down my life, so that I may take it up again. No one takes it away from me. Instead, I lay it down of my own accord. And I have the power to lay it down. And I have the power to take it up again. This is the commandment that I have received from my Father."

A: *Prayer* - Lord, as I walk with You in meditating upon Your saving act, instill in me the knowledge that nothing happened to You which was not foretold and planned for the greatest of all goods. In that knowledge, strengthen me to bear my own crosses with fortitude, humility, and the assurance that everything You allow me to suffer will be the seed of a greater good. Amen

(To the tune of Stabat Mater) Jesus, Lord, condemned, defiled, May we too be meek and mild As we tread your holy Way. May we feel no bitter hatred, When we too are persecuted, Left alone to walk with you.



1st Station: Jesus is Condemned to Death

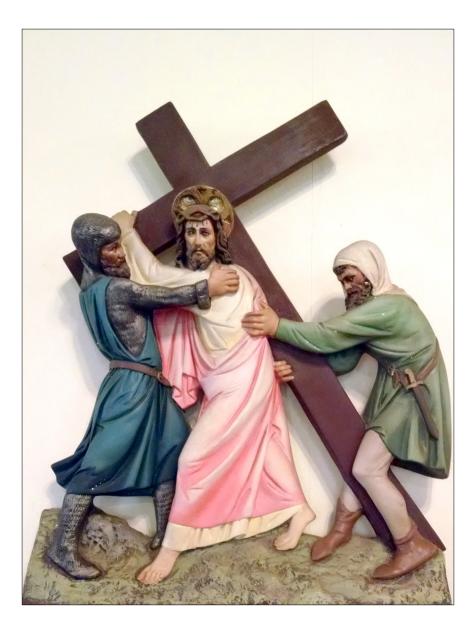
R: We adore you oh Christ, and we praise You, **A: because, by Your Holy cross, You have redeemed the world.**

R: Wisdom 2:13,17-20 - He promises that he has the knowledge of God and he calls himself the son of God. Let us see, then, if his words are true, and let us test what will happen to him, and then we will know what his end will be. For if he is the true son of God, he will receive him and deliver him from the hands of his adversaries. Let us examine him with insult and torture, that we may know his reverence and try his patience. Let us condemn him to a most shameful death, for, according to his own words, God will care for him.

A: *Psalm 22:2-3* - O God, my God, look upon me. Why have you forsaken me? Far from my salvation are the words of my offenses. My God, I will cry out by day, and you will not heed, and by night, and it will not be foolishness for me.

R: *Mt 27:20-26* - But the leaders of the priests and the elders persuaded the people, so that they would ask for Barabbas, and so that Jesus would perish. Then, in response, the procurator said to them, "Which of the two do you want to be released to you?" But they said to him, "Barabbas." Pilate said to them, "Then what shall I do about Jesus, who is called Christ?" They all said, "Let him be crucified." The procurator said to them, "But what evil has he done?" But they cried out all the more, saying, "Let him be crucified." Then Pilate, seeing that he was able to accomplish nothing, but that a greater tumult was occurring, taking water, washed his hands in the sight of the people, saying: "I am innocent of the blood of this just man. See to it yourselves." And the entire people responded by saying, "May his blood be upon us and upon our children." Then he released Barabbas to them. But Jesus, having been scourged, he handed over to them, so that he would be crucified.

A: *Prayer* - Lord, do I not cry out with the people at Your trial, "Crucify Him", when I fail to speak out against the lies and sins of our culture? Please grant me the grace to never reject You by following the wisdom of this age, but to always speak up for the truth, even though I may be treated as You were for doing so. Amen Now the cross as Jesus bore it, Has become for us who share it, The jeweled cross of victory.



2nd Station: Jesus carries His cross

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah* 50:5-7 - The Lord God has opened my ear. And I do not contradict him. I have not turned back. I have given my body to those who strike me, and my cheeks to those who plucked them. I have not averted my face from those who rebuked me and who spit on me. The Lord God is my helper. Therefore, I have not been confounded. Therefore, I have set my face like a very hard rock, and I know that I will not be confounded.

A: *Psalm 22:4-6* - But you dwell in holiness, O Praise of Israel. In you, our fathers have hoped. They hoped, and you freed them. They cried out to you, and they were saved. In you, they hoped and were not confounded.

R: *Mt 16:24-26* - Then Jesus said to his disciples: "If anyone is willing to come after me, let him deny himself, and take up his cross, and follow me. For whoever would save his life, will lose it. But whoever will have lost his life for my sake, shall find it. For how does it benefit a man, if he gains the whole world, yet truly suffers damage to his soul? Or what shall a man give in exchange for his soul?"

A: *Prayer* - Lord, how often do I reject the cross through my complaining or reluctance to endure the inconveniences and sufferings of this life? Please grant me the presence of mind to bear them with You and to see in them the path to salvation. Amen

Weakened, prodded, cursed, and fallen, His whole body bruised and swollen, Jesus tripped and lay in pain.



3rd Station: Jesus falls the 1st time

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah 42:1-4* - Behold my servant, I will uphold him, my elect, with him my soul is well-pleased. I have sent my Spirit upon him. He will offer judgment to the nations. He will not cry out, and he will not show favoritism to anyone; neither will his voice be heard abroad. The bruised reed he will not break, and the smoldering wick he will not extinguish. He will lead forth judgment unto truth. He will not be saddened or troubled, until he establishes judgment on earth.

A: *Psalm 22:7-9* - But I am a worm and not a man: a disgrace among men, and an outcast of the people. All those who saw me have derided me. They have spoken with the lips and shook the head. He has hoped in the Lord, let him rescue him. Let him save him because he chooses him.

R: *Mt 23:30-31,34-36* - "And then you say, 'If we had been there in the days of our fathers, we would not have joined with them in the blood of the prophets.' And so you are witnesses against yourselves, that you are the sons of those who killed the prophets. For this reason, behold, I send to you prophets and wise men, and scribes. And some of these you will put to death and crucify; and some you will scourge in your synagogues and persecute from city to city, so that upon you may fall all the blood of the just, which has been shed upon the earth, from the blood of Abel the just, even to the blood of Zechariah the son of Barachiah, whom you killed between the temple and the altar. Amen I say to you, all these things shall fall upon this generation.

A: *Prayer* - Lord, when I am lying in the dust of my sin, beaten down by the flesh, the world, and the devil, be my strength and support, that I may have the humility to repent and rise again. Amen

Jesus met His grieving Mother, She who made the Lord our Brother; Now the sword her heart has pierced.



4th Station: Jesus meets His grieving Mother

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Baruch 4:17-23* - But as for me, how am I able to help you? For he who has brought these evils upon you, will rescue you from the hands of your enemies. Walk on, sons, walk on, for I have been abandoned and I am alone. I have taken off the garment of peace and have put on the sackcloth of supplication, and I will cry out to the most High in my days. Be ever more peaceful, sons. Cry out to the Lord, and he will rescue you from the hand of the hostile leaders. For I have placed my hope in your eternal salvation, and joy approaches me from the Holy One, over the mercy which will come to you by our eternal salvation. For I sent you forth with sorrow and weeping, but the Lord will restore you to me with joy and gladness for eternity.

A: *Psalm 22:10-11* - For you are the one who has drawn me out of the womb, my hope from the breasts of my mother. I have been thrown upon you from the womb; from the womb of my mother, you are my God.

R: *Lk* 2:34-35 - And Simeon blessed them, and he said to his mother Mary: "Behold, this one has been set for the ruin and for the resurrection of many in Israel, and as a sign which will be contradicted. And a sword will pass through your own soul, so that the thoughts of many hearts may be revealed."

A: *Prayer* - Lord, as you were comforted by the presence of Your Mother along the way to Golgotha, grant me the grace to know her presence with me when I am in the midst of trial or sorrow. Amen Simon stopped in hesitation, Not foreseeing his proud station, Called to bear the cross of Christ.



5th Station: Simon of Cyrene helps Jesus carry His cross

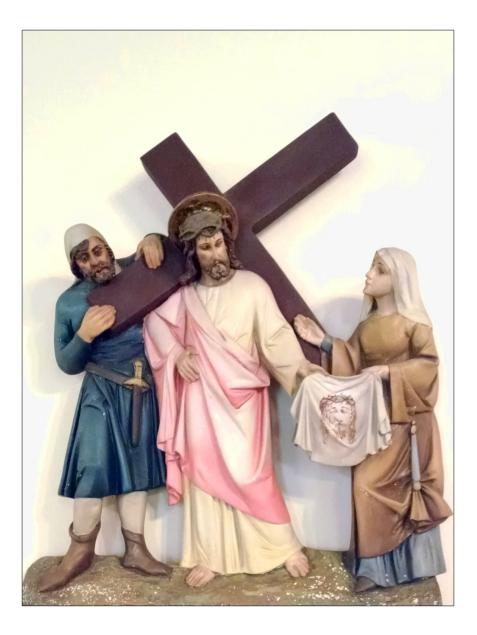
R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah* 55:3-6 - Incline your ear and draw near to me. Listen, and your soul will live. And I will make an everlasting covenant with you, by the faithful mercies of David. Behold, you will call to a nation that you did not know. And nations that did not know you will rush to you, because of the Lord your God, the Holy One of Israel. For he has glorified you. Seek the Lord, while he is able to be found. Call upon him, while he is near.

A: *Psalm 22:12* - Do not depart from me. For tribulation is near, since there is no one who may help me.

R: *Mk* 15:21-22 - And they compelled a certain passerby, Simon the Cyrenian, who was arriving from the countryside, the father of Alexander and Rufus, to take up his cross. And they led him through to the place called Golgotha, which means, 'the Place of Calvary.'

A: *Prayer* - Lord, as you were strengthened by the presence of Simon, who suffered with You along the way, please grant me the grace to help bear the crosses of those who are suffering around me. In this, may we be reminded that no one in Your Mystical Body suffers alone. Amen Brave but trembling came the woman, None but she would flaunt the Roman, Moved by love beyond her fear.



6th Station: Veronica wipes the Face of Jesus

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah 58:6-8* - Is not this, instead, the kind of fast that I have chosen? Release the constraints of impiety; relieve the burdens that oppress; freely forgive those who are broken; and break apart every burden. Break your bread with the hungry, and lead the destitute and the homeless into your house. When you see someone naked, cover him, and do not despise your own flesh. Then your light will break forth like the morning, and your health will improve quickly, and your justice will go before your face, and the glory of the Lord will gather you up.

A: *Psalm 22:13* - Many calves have surrounded me; fat bulls have besieged me.

R: *Mt 25:34-40* - "Then the King shall say to those who will be on his right: 'Come, you blessed of my Father. Possess the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave me to eat; I was thirsty, and you gave me to drink; I was a stranger, and you took me in; naked, and you covered me; sick, and you visited me; I was in prison, and you came to me.' Then the just will answer him, saying: 'Lord, when have we seen you hungry, and fed you; thirsty, and given you drink? And when have we seen you a stranger, and taken you in? Or naked, and covered you? Or when did we see you sick, or in prison, and visit to you?' And in response, the King shall say to them, 'Amen I say to you, whenever you did this for one of these, the least of my brothers, you did it for me.'"

A: *Prayer* - Lord, how often do I miss these opportunities to love You in serving those in need? Please give me the wisdom to see beyond my own needs and the courage to love You in loving those You place in my path daily. Amen

Prostrate on the dust He crumbled, Flogged in body, He resembled All our people poor and scorned.



7th Station: Jesus falls the 2nd time

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

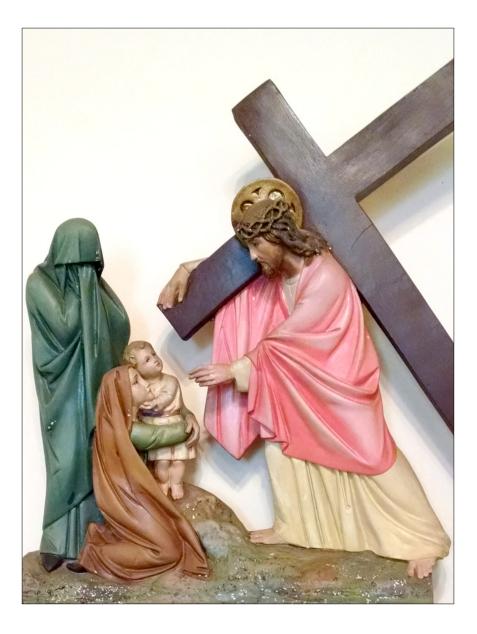
R: *Isaiah 49:8-9a* - Thus says the Lord: In a pleasing time, I have heeded you, and in the day of salvation, I have assisted you. And I have preserved you, and I have presented you as a covenant of the people, so that you would lift up the earth, and possess the scattered inheritances, so that you would say to those who are bound, "Go forth!" and to those who are in darkness, "Be released!"

A: *Psalm 22:14* - They have opened their mouths over me, just like a lion seizing and roaring.

R: *Mk* 10:38-39 - But Jesus said to them: "You do not know what you are asking. Are you able to drink from the chalice from which I drink, or to be baptized with the baptism with which I am to be baptized?" But they said to him, "We can." Then Jesus said to them: "Indeed, you shall drink from the chalice, from which I drink; and you shall be baptized with the baptism, with which I am to be baptized."

A: *Prayer* - Lord, how often do I forget Your promise that Your followers would drink of Your chalice? In the midst of my trials, please remind me that I am sharing in the sufferings of the Mystical Body, that I may find peace and not bitterness in the cross. Amen

May our sympathy for Jesus Turn to those who here now need us, May we see Christ bruised in them.



8th Station: Jesus meets the Women of Jerusalem

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

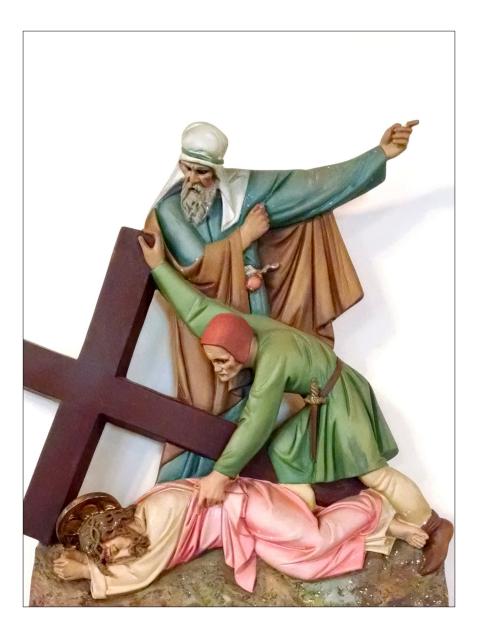
R: *Jeremiah 6:22-23,36-27* - Thus says the Lord: "Behold, a people is coming from the land of the north, and a great nation will rise up from the ends of the earth. They will take hold of arrow and shield. They are cruel, and they will not take pity. Their voice will roar like the ocean. And they will climb upon horses, for they have been prepared like men for battle, against you, O daughter of Zion. Wrap yourself in haircloth, O daughter of my people. And sprinkle yourself with ashes. Make a mourning for yourself, as for an only son, a bitter lamentation: 'for the destroyer will overwhelm us suddenly.' I have presented you as a strong tester among my people. And you will test and know their way.

A: *Psalm 22:15* - And so, I have been poured out like water, and all my bones have been scattered. My heart has become like wax, melting in the midst of my chest.

R: *Lk* 23:27-31 - Then a great crowd of people followed him, with women who were mourning and lamenting him. But Jesus, turning to them, said: "Daughters of Jerusalem, do not weep over me. Instead, weep over yourselves and over your children. For behold, the days will arrive in which they will say, 'Blessed are the barren, and the wombs that have not borne, and the breasts that have not nursed.' Then they will begin to say to the mountains, 'Fall over us,' and to the hills, 'Cover us.' For if they do these things with green wood, what will be done with the dry?"

A: *Prayer* - Lord, help me to always be mindful that there are consequences to my actions and, when suffering comes, to weep not in self pity but in sorrow for my sins, which You bore in pain on the road to Calvary. Amen

Jesus fell again in weakness, Stumbling as we do, to lead us Through our sorrow and our pain.



9th Station: Jesus falls the 3rd time

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

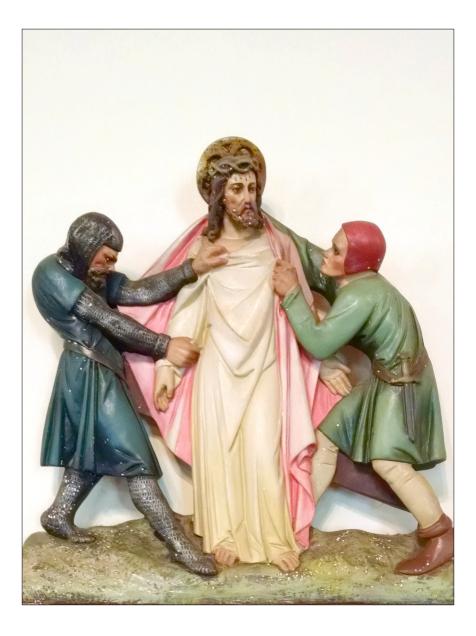
R: *Isaiah* 49:4-5 - And I said: "I have labored toward emptiness. I have consumed my strength without purpose and in vain. Therefore, my judgment is with the Lord, and my work is with my God." And now, says the Lord, who formed me from the womb as his servant, so that I may bring back Jacob to him, for Israel will not be gathered together, but I have been glorified in the eyes of the Lord and my God has become my strength,....

A: *Psalm 22:16* - My strength has dried up like clay, and my tongue has adhered to my jaws. And you have pulled me down, into the dust of death.

R: *Mt* 23:7 - "Jerusalem, Jerusalem! You kill the prophets and stone those who have been sent to you. How often I have wanted to gather your children together, in the way that a hen gathers her young under her wings. But you were not willing!"

A: *Prayer* - Lord, when I am weighed down by the crosses I bear, and feel that my strength is spent, lift me up to complete the work you set before me. Amen

Stripped and jeered by His own nation, Jesus stood in desolation, Giving all He had to give.



10th Station: Jesus is stripped of His garments

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

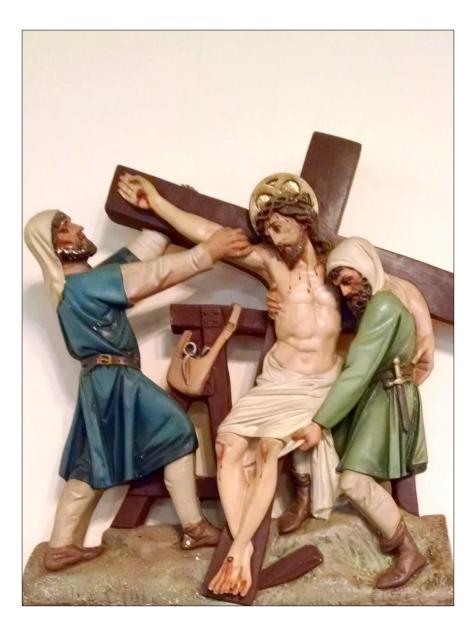
R: *Isaiah* 53:2-3 - And he will rise up like a tender plant in his sight, and like a root from the thirsty ground. There is no beautiful or stately appearance in him. For we looked upon him, and there was no aspect, such that we would desire him. He is despised and the least among men, a man of sorrows who knows infirmity. And his countenance was hidden and despised. Because of this, we did not esteem him.

A: *Psalm 22:17a, 18* - For many dogs have surrounded me. The council of the malicious has besieged me. And they have examined me and stared at me. They divided my garments among them, and over my vestment, they cast lots.

R: *Jn 19:23-24a* - Then the soldiers, when they had crucified him, took his garments, and they made four parts, one part to each soldier, and the tunic. But the tunic was seamless, woven from above throughout the whole. Then they said to one another, "Let us not cut it, but instead let us cast lots over it, to see whose it will be." This was so that the Scripture would be fulfilled, saying: "They have distributed my garments among themselves, and for my vesture they have cast lots."

A: *Prayer* - Lord, as You stood silent in humiliation before Your accusers at Calvary, grant that I may have the patience and humility to bear accusation, ridicule, and embarrassment in silence and avoid the prideful temptation to always defend my image and reputation before others. Amen

Pierced the hands that blessed and cured us; Pierced the feet that walked to free us, Walked the hill of Calvary.



11th Station: Jesus is nailed to the cross

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah* 53:4-7 - Truly, he has taken away our weaknesses, and he himself has carried our sorrows. And we thought of him as if he were a leper, or as if he had been struck by God and humiliated. But he himself was wounded because of our iniquities. He was bruised because of our wickedness. The discipline of our peace was upon him. And by his wounds, we are healed. We have all gone astray like sheep; each one has turned aside to his own way. And the Lord has placed all our iniquity upon him. He was offered up, because it was his own will. And he did not open his mouth. He will be led like a sheep to the slaughter. And he will be mute like a lamb before his shearer. For he will not open his mouth.

A: *Psalm 22:17b* - They have pierced my hands and feet. They have numbered all my bones.

R: *Mk* 15:25-33 - Now it was the third hour. And they crucified him. And the title of his case was written as: THE KING OF THE JEWS. And with him they crucified two robbers: one at his right, and the other at his left. And the scripture was fulfilled, which says: "And with the iniquitous he was reputed." And the passersby blasphemed him, shaking their heads and saying, "Ah, you who would destroy the temple of God, and in three days rebuild it, save yourself by descending from the cross." And similarly the leaders of the priests, mocking him with the scribes, said to one another: "He saved others. He is not able to save himself. Let the Christ, the king of Israel, descend now from the cross, so that we may see and believe." Those who were crucified with him also insulted him. And when the sixth hour arrived, a darkness occurred over the entire earth, until the ninth hour.

A: *Prayer* - Lord, when I have failed and given in to sin, please give me the grace to see my own participation in nailing You to the cross, that I may know the horror of sin and cry out for mercy in repentance. Amen Life eternal, death defiant, Bowed His head - the world was silent, Through His death came life anew.



12th Station: Jesus dies on the cross

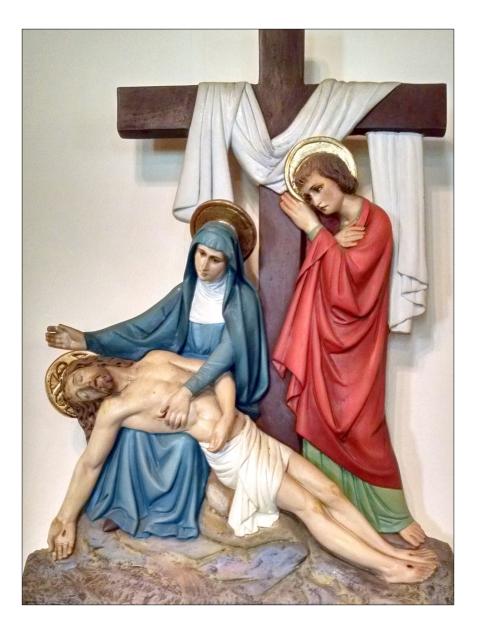
R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Jeremiah* 31:31-34 - But this will be the covenant that I will form with the house of Israel, after those days, says the Lord: I will give my law to their inner most being, and I will write it upon their heart. And I will be their God, and they shall be my people. And they will no longer teach, a man his neighbor, and a man his brother, saying: 'Know the Lord.' For all will know me, from the littlest of them even to the greatest, says the Lord. For I will forgive their iniquity, and I will no longer remember their sin.

A: *Psalm 22:20-22* - But you, O Lord, do not take your help far from me; be attentive to my defense. O God, rescue my soul from the spear, and my only one from the hand of the dog. Save me from the mouth of the lion, and my humility from the horns of the single-horned beast.

R: *Mk* 15:34-39 - And at the ninth hour, Jesus cried out with a loud voice, saying, "Eloi, Eloi, lamma sabacthani?" which means, "My God, My God, why have you forsaken me?" And some of those standing near, upon hearing this, said, "Behold, he is calling Elijah." Then one of them, running and filling a sponge with vinegar, and placing it around a reed, gave it to him to drink, saying: "Wait. Let us see if Elijah will come to take him down." Then Jesus, having emitted a loud cry, expired. And the veil of the temple was torn in two, from the top to the bottom. Then the centurion who stood opposite him, seeing that he had expired while crying out in this way, said: "Truly, this man was the Son of God."

A: Prayer - Lord, Whose death on the cross saved the world and drew Gentile and Jew alike into Your new covenant, remind me that bearing my own crosses with peace of heart may draw others near to You, that I may be mindful of the example I show to others. Amen Stunned and stricken, Mary, Mother, In your arms was placed our Brother, "Full of grace" now filled with grief.



13th Station: Jesus is taken down from the cross

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Isaiah 53:8-12* - He was lifted up from anguish and judgment. Who will describe his life? For he has been cut off from the land of the living. Because of the wickedness of my people, I have struck him down. And he will be given a place with the impious for his burial, and with the rich for his death, though he has done no iniquity, nor was deceit in his mouth. But it was the will of the Lord to crush him with infirmity. If he lays down his life because of sin, he will see offspring with long lives, and the will of the Lord will be directed by his hand. Because his soul has labored, he will see and be satisfied. By his knowledge, my just servant will himself justify many, and he himself will carry their iniquities. Therefore, I will allot to him a great number. And he will divide the spoils of the strong. For he has handed over his life to death, and he was reputed among criminals. And he has taken away the sins of many, and he has prayed for the transgressors.

A: *Psalm 22:23-25* - I will declare your name to my brothers. In the midst of the Church, I will praise you. You who fear the Lord, praise him. All the offspring of Jacob, glorify him. May all the offspring of Israel fear him. For he has neither spurned nor despised the pleas of the poor. Neither has he turned his face away from me. And when I cried out to him, he heeded me.

R: *Mk* 15:42-45 - And when evening had now arrived (because it was the Preparation Day, which is before the Sabbath) there arrived Joseph of Arimathea, a noble council member, who himself was also awaiting the kingdom of God. And he boldly entered to Pilate and petitioned for the body of Jesus. But Pilate wondered if he had already died. And summoning a centurion, he questioned him as to whether he was already dead. And when he had been informed by the centurion, he gave the body to Joseph.

A: *Prayer* - Lord, as Joseph of Arimathea found courage in his grief to at last publicly acknowledge his faith in You, may the knowledge of Your death for me inspire me to acknowledge You publicly without fear whenever opportunities arise. Amen Jesus, Lord, Your gift accepted, In three days You resurrected; You did first what we shall do.



14th Station: Jesus is laid in the tomb

R: We adore You, O Christ, and we praise You, **A: because, by Your holy cross, You have redeemed the world.**

R: *Jonah* 2:3-11 - And he said: "I cried out to the Lord from my tribulation, and he heeded me. From the belly of hell, I cried out, and you heeded my voice. And you have thrown me into the deep, in the heart of the sea, and a flood has encircled me. All your whirlpools and your waves have passed over me. And I said: I am expelled from the sight of your eyes. Yet, truly, I will see your holy temple again. The waters surrounded me, even to the soul. The abyss has walled me in. The ocean has covered my head. I descended to the base of the mountains. The bars of the earth have enclosed me forever. And you will raise up my life from corruption, Lord, my God. When my soul was in anguish within me, I called to mind the Lord, so that my prayer might come to you, to your holy temple. Those who in vain observe vanities, abandon their own mercy. But I, with a voice of praise, will sacrifice to you. I will repay whatever I have vowed to the Lord, because of my salvation." And the Lord spoke to the fish, and it vomited Jonah onto dry land.

A: *Psalm 22:26-29* - My praise is with you, within a great church. I will pay my vows in the sight of those who fear him. The poor will eat and be satisfied, and those who yearn for the Lord will praise him. Their hearts will live forever and ever. All the ends of the earth will remember, and they will be converted to the Lord. And all the families of the Gentiles will adore in his sight. For the kingdom belongs to the Lord, and he will have dominion over the Gentiles.

R: *Mk* 15:46-47 - Then Joseph, having bought a fine linen cloth, and taking him down, wrapped him in the fine linen and laid him in a sepulcher, which was hewn from a rock. And he rolled a stone to the entrance of the tomb. Now Mary Magdalene and Mary the mother of Joseph observed where he was laid.

A: *Prayer* - Lord, when all seems lost, when I am beset by sadness and despair, remind me that You lie hidden in the tomb for a time to test my faith, but that Your glory shall soon come to make all things new. Amen Jesus, risen, be our lover In Your Food and in our brother. Lead us home to heaven with You.

Conclusion

R: *Isaiah 60:1-3* - Rise up to be illuminated, O Jerusalem! For your light has arrived, and the glory of the Lord has risen over you. For behold, darkness will cover the earth, and thick darkness will cover the peoples. Then the Lord will rise above you, and his glory will be seen in you. And the nations will walk in your light, and the kings will walk by the splendor of your rising.

A: *Psalm 22:30-32* - All the fat of the earth have gnashed their teeth, and they have adored. In his sight, they will fall down, all those who descend to the ground. And my soul will live for him, and my offspring will serve him. There will be announced for the Lord a future generation, and the heavens will announce his justice to a people who will be born, whom the Lord has made.

R: *Mt 20:17-19* - And Jesus, ascending to Jerusalem, took the twelve disciples aside in private and said to them: "Behold, we are ascending to Jerusalem, and the Son of man shall be handed over to the leaders of the priests and to the scribes. And they shall condemn him to death. And they shall hand him over to the Gentiles to be mocked and scourged and crucified. And on the third day, he shall rise again."

A: *Apostles Creed* - I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

All scripture quotes from the Catholic Public Domain Version Prayers by Todd Russell, last edited 2020